Lešić Dimitri

LD Spa

For lightness of being

AN EXOTIC EXPERIENCE BLENDING CULTURES AND TECHNIQUES FROM ALONG THE SILK ROAD
EXPERIENCED THAI THERAPISTS NATURAL PRODUCTS CREATED ESPECIALLY
FOR LEŠIĆ DIMITRI PALACE USING HERBS ORGANICALLY GROWN IN DALMATIA, INDIA AND ASIA

RELAIS & CHATEAUX

Reservations:
E: spa@ldpalace.com T: +385 20 715 560

LD Spa Menu

Please inform your therapist if the treatments are too strong or too weak so that she can adjust the pressure to suit your personal preference.

LD SPA SIGNATURES

Indulge your senses with one of our carefully selected signature treatments, designed by our therapists to suit your needs.

THAI FUSION — 90/120 MINUTES

A beautiful ritual combining natural elements from Thailand!
The ritual begins with a warm herbal mask infused with dry miang leaves, a popular healing herb from Chiang Mai. Then to awake up your senses, experience the magic of our signature Thai fusion massage, designed to help guests improve their posture and overall mobility through trigger point release work, deep muscle manipulation, stretching of the muscles.
The experience ends with a localized shoulder and spinal compress containing Thai herbs including lemongrass, turmeric and plai.

PLAVAC MALI BODY RITUAL — 90/120 MINUTES

Experience ultimate luxury with our Plavac Mali Body Ritual, inspired by our indigenous grape. This opulent treatment will indulge your senses. To restore radiance and nourish your skin we start with a full body scrub, using our signature blend of sea salt locally infused in Plavac mali wine, grape seed oil and immortelle flower essential oil. The journey continues with a personalized massage by allowing our therapists to utilize their talents to your unique individual needs and a red algae and resveratrol facial mask offering a plumping, moisturizing and a naturally lifting experience.

BLISSFUL KORKYRA — 45 MINUTES

Bring harmony to the entire body with this energizing foot and leg signature treatment. Recommended for relieving jet lag, improving circulation and de-stressing after travelling. This experience begins with a foot ritual. First your feet receive a finely-ground olive seed scrub, following combining pressure point techniques to enhance overall well-being. The experience ends with a relaxing, shoulders, neck and head massage, the foot reflexology using a refreshing blend of 6 essential oils. The ritual continues with a signature leg massage.

THAI EXPERIENCES

THAI TRADITIONAL MASSAGE — 60/90/120 MINUTES

Thai traditional massage is rhythmic oil-free massage. A blend of passive slow stretching movements and acupressure in meditative surroundings enables this healing art to simultaneously evoke a feeling of total relaxation and renewed energy. The masseuses use their hands, thumbs, fingers, feet, legs, knees and elbows to free the tension held within the body. Comfortable loose-fitting clothing are provided for this exquisite, traditional experience.

THAI WITH OIL MASSAGE — 60/90 MINUTES

Is a variant of Traditional Thai massage using herbal oils combine a mix of stretching, firm pressure and deep rhythmic movements along meridian of the body. It is perfect for anyone who is particularly stressed, needs invigorating or balancing, or those who just appreciate a treatment using firmer pressure.

THAI HERBAL COMPRESS MASSAGE — 90 MINUTES

A deep massage useful for relieving pain and inflammation, as well as relieving stress and enhancing both body and mind using a traditional Thai hot herbal compress followed by a massage with herb oils. The massage relieves aches and pains, reduces inflammation and swelling, improves muscle tone, stimulates connective tissue, reduces stiffness of tendons and improves blood circulation.

OTHER EXPERIENCES

SWEDISH CLASSIC MASSAGE — 60/90 MINUTES

Swedish massage is the manipulation of the superficial layers of the muscles against the bone; it relaxes the body, increases circulation, removes metabolic waste products, and can help the recipient obtain a feeling of connectedness.

DEEP TISSUE MASSAGE — 60/90 MINUTES

For those who play sports and would like to enhance their results, this deep tissue massage is a great tool since it prepares and recovers muscles while relieving soreness. With strong and fast movements, it improves circulation, tones the tissue and helps eliminate post-exercise toxins such as lactic acid, which is responsible for the "day-after soreness."

HARMONY TOUCH MASSAGE — 60/90 MINUTES

Harmony Touch massage is a transformative experience that unites mind, body and spirit. Through a combination of intuitive touch and energy balancing, this massage helps you reconnect with your inner self, leaving you renewed and at peace.

SEA SALT BODY SCRUB — 30 MINUTES

A gentle cleaning treatment that stimulates the blood circulation through the lymphatic system. Dead cells are removed and your skin will look and feel positively radiant, soft and smooth.

AROMATHERAPY MASSAGE — 60/90 MINUTES

A holistic experience based on the application of carefully blended essential oils in a nourishing vegetable base using lymphatic and pressure point massage techniques to maintain and promote physical, psychological, and spiritual well-being. Choose from grounding, invigorating, detoxifying spice, wild rose or stimulating oils, to intensify the therapeutic effects of this age-old treatment.

HEAD MASSAGE — 45 MINUTES

This ancient experience relaxes, tones and eases muscle tension in the neck, head, scalp and shoulders, it also aids in the elimination of toxins by stimulating circulation, creating a positive energy flow through the chakras leaving you in a state of tranquillity and peace.

BACK, NECK AND SHOULDER MASSSAGE — 30 MINUTES

Short of time? We can offer a 30-minute oil massage focusing on back, neck and shoulders.

FOOT REFLEXOLOGY — 30/50 MINUTES

Reflexology is performed to help restore and maintain the body's natural equilibrium. This gentle therapy encourages the body to work naturally to restore its own healthy balance. It is a myth that reflexology should be painful to be effective, the slightest touch can have a marked effect on a person overall well being, stimulating reflex points to restore energy flow to the body as a whole.